



## Sailing Instructions

Organised by the Solo Offshore Racing Club Ltd in association with the Royal Western Yacht Club, Plymouth.

Race starts on Saturday 2 July 2016.

First warning signal            11:25

HW Portsmouth                    10:10

### Contact Details

Call sign "SORC Race Control"

VHF Channel Ch72

SMS (text)                    +44 7836 782475    Chris Rustom - Race Officer

Mobile                        +44 7836 782475    Chris Rustom

Mobile                        +44 7775 706626    Rob Craigie - Race Director

"Falmouth Coastguard" (for notification of retirements or in emergencies)

VHF Ch16 MMSI 002320014 +44 (0) 1326 317575

Web site:                    <http://www.solofastnet.co.uk>

Email:                        [soloFASTNET@gmail.com](mailto:soloFASTNET@gmail.com)

## **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 RRS part 2 rules will be replaced with the right-of-way rules of the International Regulations for Preventing Collisions at Sea (IRPCAS) between local sunset and sunrise; or government right-of-way rules if applicable. A scoring penalty (RRS 44.3) will apply for infringements under the right-of-way rules of IRPCAS. See SI 23.
- 1.3 RYA Prescriptions to the Racing Rules of Sailing, available on <http://www.rya.org.uk/racing/racingrules/pages/therules.aspx> and on the Official Notice Board.
- 1.4 ISAF Offshore Special Regulations Category 2.
- 1.5 IRC A, B and C Rules and MOCRA Rules as appropriate.
- 1.6 The Notice of Race.
- 1.7 The Sailing Instructions.
- 1.8 If there is a conflict between the rules in the above list the succeeding items shall take precedence.

## **2 EQUIPMENT AND MEASUREMENT CHECKS**

- 2.1 A boat or equipment may be inspected at any time for compliance with the Rules and Sailing Instructions.

## **3 POLLUTION**

- 3.1 RRS 55 (Trash Disposal) is deleted. However competitors are reminded that the dumping of rubbish at sea is prohibited by law. Attention is also drawn to the ISAF Code of Environmentally Friendly Behaviour.  
([www.sailing.org/about/environment/index.php](http://www.sailing.org/about/environment/index.php))

## **4 NOTICES TO COMPETITORS**

- 4.1 All notices to competitors will be posted on the Official Notice Board located on the SORC Round the Rock Race web site. Notices may also be sent to competitors by email.

## **5 NOTICE TO MARINERS**

- 5.1 Skippers are reminded of their responsibility to take account of Notice to Mariners and should be particularly aware of:
- 5.2 Port of Southampton Precautionary Area – (Thorn Channel)
- 5.3 Skippers are reminded to maintain a constant watch for shipping movements, particularly in the Port of Southampton Precautionary Area (Thorn Channel). Your attention is drawn to the ABP Notice to Mariners No.03 2014 which covers the movement of shipping and the accompanying sound signals that may be heard. See: <http://www.southamptonvts.co.uk/admin/content/files/NTMs/2014%20No%2003.pdf>

## **6 EVENT BACKSTAY FLAGS AND BATTLE FLAGS**

- 6.1 Class and Sponsor backstay flags shall be flown at least 1.5m above the deck. Sponsor Battle flags will be provided and shall be flown while berthed in Ocean Village, Southampton and Sutton Harbour, Plymouth.

## **7 PRE RACE EVENTS - SOLENT**

- 7.1 Berthing will be provided in Ocean Village Marina for all boats from Wednesday 29<sup>th</sup> June – Saturday 2<sup>nd</sup> July. These berthing costs are included in the entry fee. The Marina are offering a 20% discount on mooring fees for boats that arrive before Wednesday.
- 7.2 Registration, YB Trackers, Battle Flags and goody bags will be available from 10:00 – 17:00 Thursday and 10:00 – 12:00 Friday at the Royal Southampton YC.
- 7.3 Race Briefing for skippers only will be held at 12:00 Friday 1<sup>st</sup> July at the Royal Southampton YC. All skippers are requested to attend.
- 7.4 A Buffet Lunch will follow the briefing. Family and friends are most welcome to join in the party!
- 7.5 The Royal Southampton YC welcomes all skippers and race followers and offers lunch, dinner and bar facilities throughout the week.

## **8 POST RACE EVENTS – PLYMOUTH**

- 8.1 Berthing will be provided in Sutton Harbour on arrival through midday Sunday 10<sup>th</sup> July. These costs are included in the entry fee.
- 8.2 The Prize Giving party will be held at the Royal Western YC at 18:30 Friday 8<sup>th</sup> July.
- 8.3 Prizes will be awarded for:
- Line honours
  - First boat overall under IRC
  - 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, in each class under IRC
  - plus special prizes to be announced nearer the time

## **9 AIS**

- 9.1 All boats shall have their AIS transponder switched on, transmitting and receiving from 0800 on Saturday 2<sup>nd</sup> July until after finishing.
- 9.2 A boat's AIS transponder shall be programmed with the boat's MMSI number and current racing name.
- 9.3 Nothing shall be done to inhibit AIS transmissions.
- 9.4 Boats unable to meet these requirements shall submit comprehensive details of the reason to the Race Officer within 1 hour of finishing and may be subject to protest. The penalty for breaking this rule is at the discretion of the Jury and may include disqualification.

## **10 Yellow Brick TRACKERS**

- 10.1 It is mandatory for all boats to carry a YB Tracker unit whilst racing. The race tracking can be viewed on the race web site.
- 10.2 Nothing shall be done to inhibit YB Tracker transmissions.
- 10.3 Boats unable to meet these requirements shall submit comprehensive details of the reason to the Race Officer within 1 hour of finishing and may be subject to protest. The penalty for breaking this rule is at the discretion of the Jury and may include disqualification.
- 10.4 It is each skipper's responsibility to return their tracker in good condition. Each skipper is liable for the full replacement cost if they fail to return the tracker in good time.

## **11 CLASSES AND CLASS FLAGS**

Class Flags shall be flown from the back stay.

Class	TCC Range	Class Flag
1	1.020 – above	Numeral Pennant 1
2	1.019 – 0.990	Numeral Pennant 2
3	0.989 – below	Numeral Pennant 3

## **11 NON-STARTER**

- 11.1 A boat that does not intend to race shall inform the Race Officer of this fact at the earliest opportunity.

## **12 COMMUNICATIONS**

- 12.1 VHF Ch72 - A boat may, without infringing RRS41 (Outside Help), request and receive repetition of information broadcast by the Race Committee or enquire whether or not a broadcast has been made.
- 12.2 Inter- boat communication calls should when possible be on VHF Ch16 as a calling Channel and VHF Ch72 as a working Channel.

## **13 STARTING TIMES AND SIGNALS**

- 13.1 The race shall be started using RRS 26. The warning signal for the next class shall be 10 minutes after the start of the previous class.
- 13.2 If a boat is OCS then the Race Committee will not make a sound signal but will add 10 minutes to her time plus 10 minutes for each whole minute early. This changes RRS 29.1.
- 13.3 It is intended to give a time check on VHF Ch72 at 11:00 BST.
- 13.4 No visual signals will be used. All signals will be made via VHF. This changes RRS 26.

## Proposed Starting Times - BST

Class	Warning	Prep	1-Minute	Start
1	11:25	11:26	11:29	11:30
2	11:40	11:41	11:44	11:45
3	11:55	11:56	11:59	12:00

### 14 STARTING LINE

14.1 The start line will be between N E Gurnard approx. position  $50^{\circ} 47.06' 1^{\circ} 19.42$  and an orange flag flown from the committee boat, which will be flying SORC and sponsor battle flags and positioned approx. 2 cables NW of N E Gurnard.

14.2 Skippers are reminded to keep clear of the start line until it is their start sequence.

### 15 LATE AT THE START

15.1 When a boat is late to the start she shall report the circumstances and her intention to race to the Race Officer. At the discretion of the Race Officer, he may elect to keep the start line open.

15.2 No penalty will be imposed for an infringement of RRS 42 and RRS 45 before a boat has started by a boat that starts least 5 minutes after the starting signal for their class.

### 16 AREAS THAT ARE OBSTRUCTIONS

16.1 A boat shall not enter an area designated as an Obstruction when racing.

16.2 All Traffic Separation Schemes (TSS) are designated as Obstructions.

16.3. The area of each Obstruction is a box; the coordinates of the corners are given.

16.4 The boundaries are the rhumb lines between the corners.

#### TSS – Casquets

A –  $50^{\circ} 03'.50N 002^{\circ} 57'.40W$

B –  $50^{\circ} 08'.60N 002^{\circ} 28'.30W$

C –  $49^{\circ} 51'.30N 002^{\circ} 21'.10W$

D –  $49^{\circ} 46'.30N 002^{\circ} 50'.30W$

#### TSS – Off Lands End

A –  $50^{\circ} 20'.00N 006^{\circ} 05'.05W$

B –  $50^{\circ} 20'.00N 005^{\circ} 49'.60W$

C –  $50^{\circ} 01'.00N 005^{\circ} 49'.60W$

D –  $49^{\circ} 53'.55N 006^{\circ} 05'.05W$

#### TSS – South of Scilly Isles

A –  $49^{\circ} 46'.00N 006^{\circ} 29'.50W$

B –  $49^{\circ} 46'.00N 006^{\circ} 16'.50W$

C –  $49^{\circ} 35'.50N 006^{\circ} 16'.50W$

D –  $49^{\circ} 35'.50N 006^{\circ} 34'.10W$

### TSS – West of Scilly Isles

A – 50° 04'.15N 006° 48'.55W

B – 50° 01'.25N 006° 32'.80W

C – 49° 52'.40N 006° 36'.70W

D – 49° 52'.40N 006° 53'.75W

### TSS – Fastnet Rock

A – 51° 21'.30N 009° 36'.70W

B – 51° 22'.90N 009° 27'.30W

C – 51° 17'.20N 009° 24'.60W

D – 51° 15'.45N 009° 33'.90W

## 17 THE COURSE

Order	Mark			
1	Lepe Spit Buoy	Starboard	50° 46.78N	001° 20.64W
2	Runnel Stone Light Buoy	Starboard	50° 01'.18N	005° 40'.36W
3	TSS - Fastnet Rock	Port	See	Section 16.4
4	Fastnet Rock	Port	51° 23'.35N	009° 36'.19W
5	TSS - Fastnet Rock	Port	See	Section 16.4
6	Isles of Scilly – including Bishops Rock and all outlying rocks and islets within 8nm of Peninnis Head Lt, St Mary's	Port	49° 54'.28N	006° 18'.21W
Finish	Plymouth see SI 18			

Distance: approximately 610M

## 18 THE FINISH

- 18.1 The finish line runs 314° magnetic from the centre of the lighthouse situated at the western end of the Plymouth Breakwater. Yachts shall cross the line from south to north leaving the breakwater to starboard and Queens Grounds Buoy to port. Note: Queens Grounds Buoy is not on the finish line.
- 18.2 All yachts shall take their own finishing times (BST) together with the names of the yachts ahead and astern, if any. Within an hour of finishing an SMS containing, Name of Boat, Sail Number, Finish Time, Name of boat ahead, Name of boat astern, shall be sent to the Race Officer. This text constitutes a Race Declaration. The Race Committee may modify the time given if a more accurate time is available e.g. Race Officer on the finish line.
- 18.3 The finish time is take from the normal helming position (not the bow).

## 19 USE OF ENGINE

- 19.1 When a boat uses its engine for propulsion, e.g. to avoid collision or in a grave emergency, the facts shall be reported to the Race Officer within 1 hour of finishing.

- 19.2 Temporary discontinuance of racing: No penalty will be imposed for an infringement of RRS 42 and RRS 45 if a boat makes fast in order to take shelter or in an emergency. The skipper may temporarily leave the boat to handle her moorings. If she uses her engine for propulsion she shall, on re-joining the race, return to the spot where she began to use her engine, turn off her engine and continue to race from that spot. She shall report the circumstances to the Race Officer within 1 hour of finishing. Please note that RRS 41 Outside Help still applies, including, but not limited to, provisioning, repairs and accommodation.

## **20 TIME LIMIT**

- 20.1 There is no time limit for the race.

## **21 RETURN OF YB TRACKER**

- 21.1 The YB Tracker shall be returned to the Race Officer in Plymouth at the earliest reasonable opportunity.
- 21.2 Boats retiring or not starting shall make all necessary arrangements to return their YB Tracker to the Race Officer in a timely manner.

## **22 PENALTY SYSTEM**

- 22.1 Scoring Penalty:

22.1.1 When the right-of-way rules of IRPCAS apply (between the hours of local sunset and sunrise) a scoring penalty applies (RRS 44.3).

22.1.2 The scoring penalty will be 10 minutes added to the boat's corrected time for each penalty. A boat that has taken a scoring penalty shall include full details on her Finish SMS text. This adds to RRS 44.3

22.1.3 When a scoring penalty does not apply, a boat may take a Two Turns Penalty for breaking a rule of RRS Part 2 or a One Turn Penalty when she may have broken RRS 31, as described in RRS 44.2.

- 22.2 Standard Penalties:

22.2.1 For a breach of any area designated an Obstruction, i.e. Traffic Separation Schemes, the Race Committee shall, without a hearing, apply a standard time penalty of 10%, unless the breach was unavoidable and unintentional and no advantage was gained. This changes RRS 63.1.

22.2.2 Should the Race Committee consider a standard penalty to be inappropriate, it may protest the boat.

22.2.3 If, in a hearing brought by the Race Committee under Sailing Instruction 22.2.1 or by another boat, a boat is found to have infringed RRS 28, or SI15 (Areas That Are Obstructions) the penalty will be at the discretion of the Jury, but will not be less than the standard penalty.

## **23 Grounds for Protest**

23.1 Breaches of SI 6, 8 and 9, will not be grounds for protest by a boat. This changes RRS 60.1a.

23.2 Other Penalties

23.2.1 When the Jury decides that a boat that is party to a protest hearing has broken a rule other than RRS Part 1 and 2 and that no serious damage or injury was caused and no significant advantage has been gained, it may apply a time penalty of up to 10%. Should the Jury decide that the breach was minor and unintentional it may at its discretion apply a different penalty.

## **24 PROTESTS AND REQUESTS FOR REDRESS**

24.1 Protests shall be written on plain paper. Protests and requests for redress shall be delivered within the appropriate time limit.

24.2 The protest time limit is 3 hours after the protesting boat finishes.

24.3 Notices will be posted no later than 30 minutes after the protest time limit for the last boat to finish the race.

24.4 The notification of a Protest by the Race or Protest Committee against a competitor as required under RRS 61.1(b) or (c) shall consist of a notice on the Official Notice Board.

## **25 SAFETY REGULATIONS AND RISK STATEMENT**

25.1 A boat that retires from the race shall notify the Race Officer as soon as possible.

25.2 Rule 4 of the RRS states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of the risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the race organiser does not relieve them or their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## **26 INSURANCE**

26.1 The boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2 million, or equivalent in foreign currency.